

Model Question Paper

For Kashmir Division 2010 Regular Exam Only

Roll No.....

Subject

PSYCHOLOGY

Maximum Marks --- 60

Time Allowed – 3 Hours (Fifteen Minutes Extra to read the question paper)

Do questions from Part A or Part B or from both Part A and B Part of maximum 60 marks as per your preparation.

Part A

1. Give the meaning and characteristics of Intelligence.

Or

Give a brief description of Stanford Binet scales for measuring Intelligence. 5

2. What do you mean by Personality ? Give any one definition of Personality and explain it.

Or

Explain Humanistic approach to Personality. 5

3. Explain the functions of the Group.

Or

How does Group influence the Individual's behaviour ? 5

4. Explain the important functions of Attitude.

Or

Explain the meaning of Prejudice and Discrimination. 5

5. What are the sources of Psychological Stress ? Explain them.

Or

What are the factors facilitating Positive health and Well being ? Explain them.

5

(Short Answer Type Questions)

6. Give three important definitions of Intelligence. 3

7. Write a short note on Assessment of Personality. 3

8. What is meant by Self-regulation ? Mention the techniques of Self-regulation. 3

9. Explain the meaning and advantages of Cooperation. 3

10. Explain two important characteristics of Attitude. 3

11. What do you mean by Adjustment ? 3

12. What is Anxiety disorder ? 3

(Very Short Answer Type Questions)

13. The following very short answer type questions of two marks, each may be answered in a few words or few sentences or as may be required.

(a) Give the formula of finding Intelligence Quotient of a Person. 2

(b) Mention three levels of Consciousness as given by Freud. 2

(c) Write a short note on Humanistic Psychology. 2

(d) What is a Primary group ? 2

(Objective Type Questions)

14. (i) According to Sternberg, there are 3 sub-theories of Intelligence, i.e., Componential, Experiential and 1
- (ii) Rorschach test was devised by 1
- (iii) A group in which there is no intimacy, face-to-face interaction or physical proximity is known as 1
- (iv) The acronym "DSM" stands for 1
- (v) Fears which are out of proportion and which seem inexplicable and beyond voluntary control are known as 1
- (vi) Stress does not affect an individual's health. (True/False) 1

Part B

(Long Answer Type Questions)

1. Explain Electroconvulsive therapy.

Or

Describe Beck's cognitive therapy.

5

2. Explain in brief the Systematic desensitization.

Or

Explain the concept of Meditation with its process levels.

5

3. What Ethical issues are involved in Counselling ?

Or

What are the characteristics of an Effective counsellor ?

5

4. What are the measures of Variability ?

Or

Calculate Mode for the following Frequency distribution :

Scores	Frequency
40-44	3
45-49	8
50-54	11
55-59	15
60-64	8
65-69	5
	<hr/>
	N = 50

5

5. What are the causes of Gender discrimination ?

Or

What is Urbanisation ? Write the important features of Urban life. 5

(Short Answer Type Questions)

6. Differentiate between Natural and Manmade disasters. 3
7. Explain Reinforcement theory. 3
8. What is Bureaucratic structure of an Organization ? 3
9. What is Deprivation ? 3
10. Write tips for effective Listening. 3
11. Define Mean, Median and Mode. 3
12. What is Standard deviation ? Explain with formula. 3

(Very Short Answer Type Questions)

13. The following very short answer type questions of two marks, each may be answered in a few words or few sentences or as may be required.
- (a) The techniques used in behaviour modifications are 2
- (b) Physical environment comprises of 2
- (c) Serious threat to human life and existence is caused by 2
- (d) Main approaches to work motivation include 2

(v) Verbal Communication can be made through

- A. Gestures
- B. Facial expressions
- C. Hand movements
- D. None of these.

1

(vi) Which of the following is not a measure of Central tendency ?

- A. Range
- B. Mean
- C. Median
- D. Mode.

1